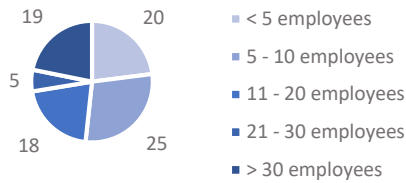


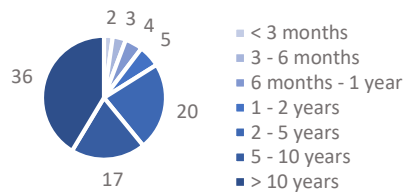
# VIRTUAL LEADERSHIP AND WELL-BEING

Qualitative survey of 87 leaders from August to September 2020  
(mean age 45 years, 33% female und 5 years of experience in digital leadership on average)

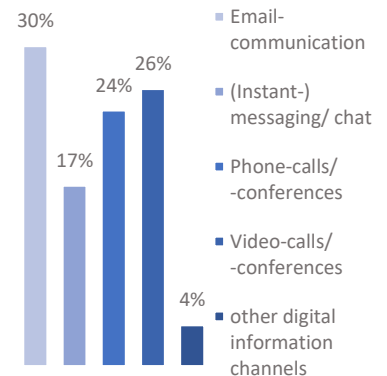
Level of leadership responsibility



Length of leadership responsibility



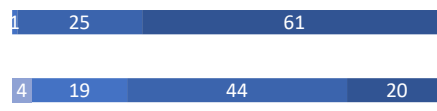
Communication channels



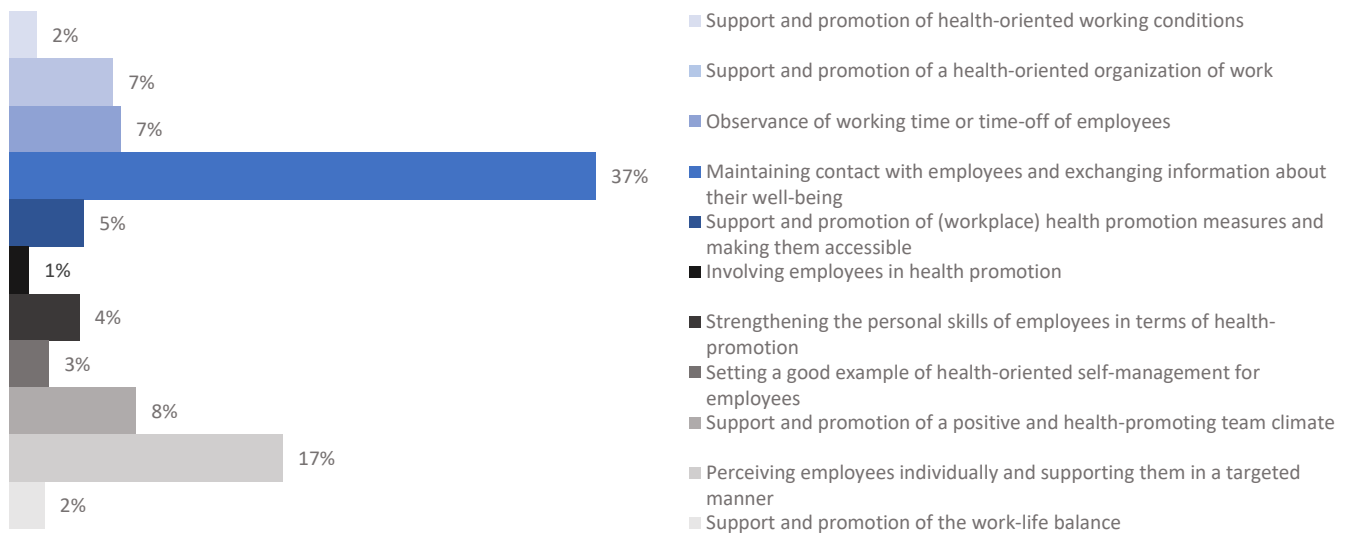
How important is the health of your employees in the workplace in general to you (as a manager)?

How important do you (as a manager) consider your behavior for the health of your employees?

■ not at all important ■ less important ■ neutral ■ important ■ very important



How do leaders lead their followers in a health-oriented manner within the digital context?



And now it's all about the team: How do employees feel about the influence of their leader in virtual teams?  
That's what we want to find out... and why we need your support in our **GERMAN** survey:

[https://ww3.unipark.de/uc/DGF\\_MA/](https://ww3.unipark.de/uc/DGF_MA/)

**PARTICIPATION** Anyone who is employed, has a leader, works digitally or interacts digitally with their leader/team and speaks **German** can participate.

**TIME EFFORT** The study consists of two parts: Filling out the first questionnaire takes about **20 minutes**. In about 4-6 weeks, participants will then be invited by email to the second part, which will take about 10-15 minutes. However, participation in the first does not oblige to participate in the second survey. But of course, we would be very happy if you complete both surveys!

**BENEFITS** Participation not only enables participants to learn more about themselves, their own behavior and the behavior of their leaders, but also actively contributes to scientific knowledge ...and **IT'S WORTH IT**: For the **complete participation in both surveys**, we will plant a tree and the **worldwide climate protection is directly supported**.

We are happy about every participant!

Thank you very much for your support!

